

# Glór Na Mara

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## VOICE OF THE SEA



AN t-ÚDARÁS UM  
CHOSAINT  
IASCAIGH MHARA

SEA-FISHERIES  
PROTECTION  
AUTHORITY



An Roinn Cultúir,  
Oidhreacht agus Gaeltachta  
Department of Culture,  
Heritage and the Gaeltacht



Commissioners of  
IRISH LIGHTS

Navigation  
and Maritime  
Services



Aer Chór  
na hÉireann  
IRISH AIR CORPS



Iascaigh Inne Éireann  
Inland Fisheries Ireland

# Glór Na Mara

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## VOICE OF THE SEA

*Running Order for SFPA's Stand at SeaFest*

### Friday 7<sup>th</sup> June

Talk by Gerald Butler, Irish Lights	11.30 – 12.00
Gerald Butler Introduces Irish Light's documentary	12.00 – 12.30
Aoise Tutty's Sea Meditation Workshop	15.00 – 15.30
Aoise Tutty's Sea Meditation Workshop	15.30 – 16.00

### Saturday 8<sup>th</sup> June

Talk by Gerald Butler, Irish Lights	11.30 – 12.00
Gerald Butler Introduces Irish Light's documentary	12.00 – 12.30
Rachel Doolin's Children's Workshops	10.00 – 10.40
Aoise Tutty's Sea Meditation Workshop	15.00 – 15.30
Aoise Tutty's Sea Meditation Workshop	15.30 – 16.00

### Sunday 9<sup>th</sup> June

Rachel Doolin's Children's Workshops	10.00 – 10.40
Irish Lights Documentary	12.00 – 12.30
Aoise Tutty's Sea Meditation Workshop	15.00 – 15.30
Aoise Tutty's Sea Meditation Workshop	15.30 – 16.00

The Sea-Fisheries Protection Authority (SFPA) along with Inland Fisheries Ireland (IFI), National Parks and Wildlife Service (NPWS), Irish Lights, Naval Service and Air Corps will have a beautiful installation at SeaFest dedicated to celebrating the sea through various media that will endeavour to make people think deeper about the sea. The SFPA, along with key organisations including: the Naval Service, Air Corps, Inland Fisheries Ireland, and Irish Lights work tirelessly to guard and protect Ireland's valuable marine resources.

On our island the sea is a large part of our lives. Many Irish people depend on the sea for their livelihoods - we eat from the sea and we seek peace and recreation from the sea. It is not a coincidence that the subject of much poetic and artistic output is the sea. Yet our interactions only barely skim the surface of what is a vast and complex ecosystem that plays a fundamental part in the life systems of our planet. This ecosystem, like all ecosystems is fragile.

Glór na Mara aims to bring people closer to how important it is to think deeper about our seas. Through art, film and workshops, Glór na Mara is designed to bring people together in a comfortable atmosphere to reflect on how vital it is to protect our waters and the life that lives in them.

In the exhibition space in Glór na Mara you will be provided with a reflective journal and pencil. So that you can take some time to reflect on the experience of SeaFest and to learn from this reflective space.

### Exhibition Display

This display features work from Cork based artists who have a primary interest in the sea and who have been chosen for the materials they use and the way in which they make their work.

Ginny Pavry collects materials on the shoreline from her home in Baltimore and uses a method called cyanotype where she uses light and water to print these materials. Connie McKenna creates pots from a method called coiling using upcycled materials from her local beach in Durrus. Helen O'Shea makes Sea Beings from items washed up on our beaches. Mary Palmer has made Lament, a woven tapestry using the Youghal lace pattern. Lament combines life jackets which were gathered in the Mediterranean and Irish linen. Lament is a work about solidarity and highlights the interconnectedness of humanity and life.

## Film

Six short films are looping here. These films all have water and the sea as its primary subject.

Aoife Desmond's film *Sea Voyage* is a journey from Baltimore in West Cork, past the Stag Islands, Fastnet lighthouse and Bulls rock before looping back past Cape Clear to Baltimore again. Aonrú by Jason Mahady offers a unique exploration of Cape Clear Island, West Cork and the extinction of its indigenous fishing industry. Ruth le Gear's *Portal* was made while she was on residency at Cill Railig, Co. Kerry - she explores the poetic and holistic properties of the waters there and what we might learn from them. Petra Berntsson's film *Casting Invisible Lines* was a collaboration between 19 artists from around the world, interpreting/filming the sea surface. *Temporal Landscapes* is a film by Rachel Doolin which was made in Svalbard in the Arctic Circle. The film shows the melting of glaciers into the sea. Áine, by Siobhán Ní Dhuinnín and Dervla Baker, is an abstract film featuring actor/poet Áine Moynihan, reflecting on Gobhnait's Well in Dunquin Co. Kerry. This is the first of a series of portraits that explore existential experience through landscape, movement, language and art.

## Reflective Space

We invite you to explore and relax in our reflective space. The space is for adults and children. Rachel Doolin will present a children's workshop from 10 am - 11am named *I See the Sea* in this space to encourage early years learning and appreciation of the sea. Aoise Tutty will present a reflective workshop at 3 pm and 4 pm which uses the sea to explore the meditative properties of the sea. At

midday each day, we will learn about the light houses and their role in protecting the sea. Details below...

## Head along to Aoise Tutty's relaxing Sea Meditation Workshop...

*'You are not a drop in the ocean. You are the entire ocean in a drop.'*

—Rumi

Just like the sea we ebb and flow, just like the tide we breathe and learn to let go, we flow and surrender, we swim through the currents and we ride the waves. Calm, stormy, reflective, clear and murky, dark and deep, the sea is ever changing and has life inside it that we don't yet have words for. It is in constant flux and is a constant source of wisdom. Just like our own inner worlds, it also needs to be looked after so that it can continue to encourage growth, new life, and protect the many creatures that live within.

In this workshop we will explore simple mindfulness practices, bringing awareness to our senses, our breath and our bodies using the sea as a way of connecting more deeply with ourselves, taking some time out in order to re-centre and find the calm depths no matter what the surface can sometimes feel like.

Please book a place at this free event at:

<https://www.eventbrite.ie/e/aoise-tuttys-sea-meditation-workshop-at-sfpas-stand-seafest-tickets-62040265103?ref=estw>

## I See the Sea - Rachel Doolin's Children's Workshops at SFPA's Stand at SeaFest

Rachel Doolin will be running workshops at the Sea-Fisheries Protection Authority's (SFPA's) stand at SeaFest on Saturday the 8th and Sunday the 9th June in Port of Cork, Cork city. A maximum of 10 children can be booked in per session.

I See the Sea is an ocean themed multi-sensory arts experience for young children aged 2-5 and their accompanying adults. Children will be encouraged to observe the world around them by engaging all of the senses to explore a variety of materials and sounds that represent elements of the sea. The session was designed as part of BEAG by visual artist Rachel Doolin to nurture an understanding and respect for our environment in the early years.

\*Children will engage in wet messy play with organic materials

BEAG is a series of sensory-based artistic play experiences developed for 0-3 years, led by artists from varied arts disciplines. BEAG is an initiative of the Local Authority Arts Offices of Cork City and County Councils and the Health Services Executive Southern Region (HSE South) Arts and Health programme, realised through Graffiti Theatre Company.

Please book a place at this free event at:

<https://www.eventbrite.ie/e/i-see-the-sea-rachel-doolins-childrens-workshops-at-sfpas-stand-at-seafest-tickets-62039953170?ref=estw>

## The Water Glossary /An Sanasán Uisce

by Carol Anne Connolly

The Water Glossary is a collection of Irish words for water.

'The Water Glossary essentially re-produces a descriptive landscape, layered with words that have been collected from a variety of sources including old texts dating back to the 9th century, current online dictionaries, through social media callouts and drawn from a diverse range of Irish speakers, including Connemara

fishermen, organic farmers, librarians, weather forecasters, scholars, teachers and poet'

—Carol Anne Connolly

Clochra - *stony place, stony beach*

Bá - *expanse of sea, submersion*

Boiseog - *wavelet*

Cala - *port or haven, harbour*

Capaill bhána - *crested waves, white horses*

Clabán - *choppy, patch in the sea*

Corraí farraige - *sea swell*

Druga - *a small wave*

Dúshnámh - *under water swimming*

Fág - *large wave, swell, trough of waves*

Farraige choip - *the angry foaming sea*

Iomramh - *rowing voyage*

Leamhach - *bright calm patch in the sea*

Ionnadh - *rippling wave*

Onfais - *diving*

Plab - *splash, water spray*

Súmaire - *engulfing wave, tsunami*

Tá bláth bán ar gharraí an iascaire - *choppy white waves on the sea, white flowers on the garden of the fishermen*

Tulca - *flood, deluge, wave, gust, gush*

## Talks by Gerald Butler at Irish Lights

Gerald Butler will also be providing a presentation at SFPA's stand. Gerald will also introduce Irish Lights documentary which was shown recently on RTE.



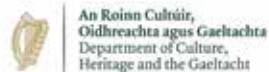
## Sea-Fisheries Protection Authority

The SFPA's job is to make sure that everybody working in the sea-fisheries and the seafood production sectors knows about and obeys Irish and European laws and regulations. We are committed to helping create a strong future for Ireland's sea-fishing and seafood processing industries. Our work includes making sure that consumers around the world can buy Irish seafood, knowing it is safe to eat and has been produced in safe conditions.



## Inland Fisheries Ireland

Inland Fisheries Ireland (IFI) is the state agency responsible for the protection, management and conservation of Ireland's inland fisheries and sea angling resources.



## National Parks & Wildlife Service

The role of National Parks and Wildlife Service (NPWS) is:

- To secure the conservation of a representative range of ecosystems to maintain and enhance populations of flora and fauna in Ireland.
- To designate and advise on the protection of habitats and species identified for nature conservation (Natural Heritage Areas (NHA), Special Areas of Conservation (SAC) and Special Protection Areas (SPA)) having particular regard to the need to consult with interested parties.
- To make the necessary arrangements for the implementation of National and EU legislation and policies for nature conservation and biodiversity including the EU Habitats and Birds Directives, and for the ratification and implementation of the range of international Conventions and Agreements relating to the natural heritage.
- To manage, maintain and develop State-owned National Parks and Nature Reserves.
- To promote awareness of natural heritage and biodiversity issues through education, outreach to schools and engaging with stakeholders.



## The Commissioners of Irish Lights

The mission of Irish Lights is Safe Navigation at Sea. We are a maritime organisation delivering essential 24/7 safety and navigation services around the coast of Ireland (North and South), 365 days a year. Our vision is to protect lives, property, trade and the environment by delivering next generation maritime services at the interface of navigation technology, engineering and data management.



## Naval Service

The Naval Service is the State's principal seagoing agency with a general responsibility to meet contingent and actual maritime defence requirements. It is tasked with a variety of defence and other roles.



## Air Corps

The role of the Air Corps under the Defence Act is to contribute to the security of the State by providing for the Military Air Defence of its airspace. However in times of peace it is more usual for the Air Corps to fulfil the roles assigned by Government through the deployment of a well-motivated and effective Air Corps.

We cannot protect something we do not love,  
we cannot love what we do not know,  
and we cannot know what we do not see.  
And touch. And hear.

—Richard Louv

We do not learn from experience...  
We learn from reflecting on experience.

—John Dewey



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An t-Údarás um Chosaint  
Iascaigh Mhara,  
An tIonad Náisiúnta Bia Mara,  
Bóthar na Páirce, An Cloichín,  
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